

Zion News

Parenting is probably the most important job many of us face. Some days, it's also the most difficult. It never lets up. A parent is on call 24/7, requiring unending self-sacrifice, wisdom, love, patience, perseverance, and much more.

One difficulty in parenting is that children seem to learn more by observation than by instruction. As the saying goes, more is caught than taught.

Children *catch* our attitudes and our systems of interacting and problem solving too. If they only caught our good qualities, that would be wonderful. But it doesn't work that way. Consequently, because we want our children to do well in life, we do our best to be strong, be wise, and set a good example.

Maybe instead of ignoring our faults, we need to be real, confessing our shortcomings and our need for God's love and mercy. After all, "A man's pride will bring him low, but a humble spirit will obtain honour" ([Proverbs 29:23](#)).

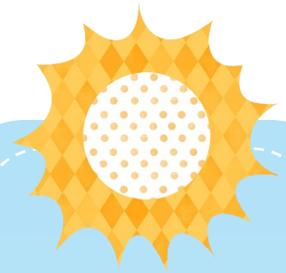
Parenting is demanding and difficult, but the Lord is with us. If we humble ourselves instead of trying to appear perfect, we will find that His strength is made perfect in our weakness ([2 Corinthians 12:9](#)).

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Alpha is a series of sessions exploring the Christian faith

Gawler Lutheran Church is beginning an Alpha course on Wednesday 4th March. Please see kindy staff or Church Office staff for more information. Invitations available.



Important Dates

Monday 24th Feb

Church Service group 1
2:15pm.

Tuesday 25th Feb

Church Service Group 2
2:15pm

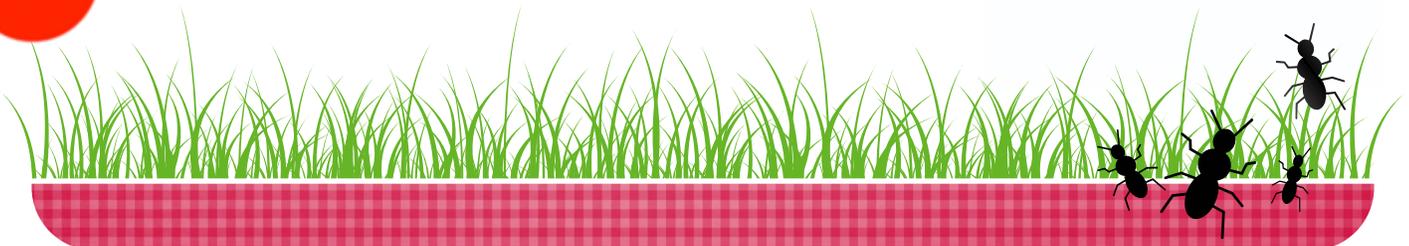
Immanuel open day
9:30am

Tuesday 3rd March

Emergency drill practice
group 2

Wednesday 4th March

Emergency drill practice
group 1



UV Index

11+	Extreme
8,9,10	Very High
6,7	High
3,4,5	Moderate
1,2	Low

Sun protection is generally not needed unless outside for extended periods

5 ways to protect yourself

- Slip** on sun-protective clothing
- Slop** on SPF30+ sunscreen. Reapply every 2 hours
- Slap** on a broad brimmed hat
- Seek** shade
- Slide** on wrap-around sunglasses

Keeping Sun Smart

Having fun in the sun is a big part of everyday play, growing up as an "Aussie Kid" and we certainly enjoy the outdoors at our preschool! We can all agree safety comes first so our SunSmart practices are very important for keeping children safe.

The preschool children are all doing a wonderful job at learning more about keeping safe in the sun and we have been helping them to do so during our daily routines.

At preschool when the UV rating is 3 or more then we help children to slip, slop, slap. Staff use the BOM SunSmart app and talk about sun safety with children, including the UV rating for the day.

Children learn that when the UV rating is higher than 3 then we have to slip, slop and slap.

We encourage children to find their own hats, in doing so children also learn to look and recognise the letters in their names.

There are shady spots in the outdoor area and educators suggest cool places to have a rest on hot and sunny days.

We remind all children to drink water through out the day. Water is important for healthy bodies.

Car Park Safety

Please remember to be courteous in the car park, give way and slow down. The speed limit through the car park is 5km. Please remember that there are lots of young children around.

How could you get involved?

Help your child practice putting on their sunscreen on arrival at preschool each morning.

FUNDRAISING

Fundraising is a huge part of Zion Preschool. It allows us to buy Wish list items such as the new Outdoor space. Please see Renee if you can help out.



Preschool AGM

The Annual General Meeting is on Tuesday 10th March at 7:00pm. Please see Staff for more information.

General Reminders

Session Times :

Group 1 -Monday & Wednesday 8:30-3:00pm

Friday Week 1,3,5,7 & 9 10:30-2:30

Group 2– Tuesday & Thursday 8:30-3:00pm

Friday Week 2,4,6,8 & 10 10:30– 2:30

Please remember to pack two fruit/vegetable snacks in separate container from your child's lunch box.

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Bank Details
BSB 035 075
Account No. 296686
Account Name Zion Preschool

Please ensure you place your child's name in reference section.

